

## COVID-19 RETURN TO STUDIO PROTOCOL

- Inter F and Adv F please also bring your pointe shoes and have your feet taped beforehand on Saturdays, not Thursdays
- Grade 5 we will do pointe on Tuesday please come with taped feet
- Please bring a Yoga mat
- Primary please bring a cuddly friend (soft toy) with you for Thursday

## AT HOME BEFORE YOU COME TO BALLET

- All dancers must get fully ready for ballet at home.
- Please then wear warm or cool depending on weather fully **dressed outer** layer that is easy to remove upon arrival. No one is to arrive in only leotard and tights
- Preps and Primaries are welcome for their outer layer to be a dressing gown
- Please go to the toilet before you leave home to minimise toilet use

## UPON ARRIVAL

- Only one parent per child is to bring dancer into the arcade for drop off and they are to be brought into the arcade by the parent. We are not responsible for your dancer until they have been marked off by staff/volunteer
- Please arrive in your clothes/Dressing gown with ballet clothes underneath, hair already in a bun and feet taped if you have pointe class
- All dancers are to arrive 5 minutes before class and be led by the staff member to wait up the stairs and in the arcade socially distanced
- You will be marked off by staff member or volunteer upon arrival
- There are no parents allowed upstairs during this time unless they are a volunteer to help with pick up and drop off
- There is hand sanitiser at the top of the stairs to be used upon entry, this is mandatory

- As soon as you arrive inside you remove your shoes and leave them on the specific cleaning shoe spots marked in reception
- Private lessons at 3.45pm you are allowed to get dressed on the premises if you need to

## **STUDIO 1**

- Classes in the large studio will then come straight into the studio drop their bag in the shelves in the studio, the shelves will be numbered and you will use the same one each time
- Then you take your outer layer off and put on ballet shoes
- There is no change room available
- At the end of class you go straight to your clothes put on the outer layer, take off your ballet shoes put them in your bag.
- Please then use the cleaning product available on the top of the shelves and spray and wipe your shelf
- Then go straight out to your shoes in the corridor, put them on and leave

## **STUDIO 2**

- Classes in the small studio will leave their bag in the change room. The dancer removes their outer layer puts ballet shoes straight on with no lingering in the change room
- Then line up on where your shoes are in the corridor ready to be let into the studio
- At the end of class you go straight to your clothes put on the outer layer, take off your ballet shoes put them in your bag.
- Please then use the cleaning product available on the top of the shelves and spray and wipe your shelf
- Then go straight out to your shoes in the corridor, put them on and leave

## **PICK UP**

- Parents must be there right on time to collect dancer as we need to clean in between classes and the numbers do not allow for crossing over of classes in our space
- Parents must come into the arcade to collect their dancer. If you choose to contact them to come straight to your car after class, we are not responsible for them once they have been marked off.
- To be allowed to go to your car without you your dancer must have a phone to receive text that you are there. No one is to leave the arcade unless they have received a text. If they don't have a phone you must come into the arcade to collect them

## **SNEEZES, COUGHS AND HEALTH**

- If you need to cough or sneeze please do so into available tissues and discard straight away. We all cough and sneeze sometimes when fully well and healthy and it's nothing to be afraid of as long as protocol is adhered to
- Any signs of illness at all and your dancer must stay home. The ability to join from home on Zoom will always be available. You will have links for all the classes

## **PLEASE BRING**

- Yoga Mat for body conditioning for Grade 2 and above. The floors will be mopped every day before classes and it keeps it clean for each class. Contemporary will be using floor-work and we can steam mop between if necessary.
- Any props required for your class, we can no longer share props
- Water bottle as we cannot give cups to use and there is no sharing of water bottles. Unfortunately, we must throw any bottles left on a daily basis.

## **MASKS**

*This policy is in line with the current DHHS guidelines as at 1st November 2020. The PSD Mask wearing policy will be reviewed and updated in line with advice provided by the Victorian Chief Health Officer.*

## **STAFF MASK WEARING GUIDELINES**

- West Pointe Teachers and Staff members will wear fitted face masks at all times in and around the West Pointe facilities

- Teachers are not required to wear masks when they are instructing or broadcasting on Zoom, but must put them back on as soon as instruction has finished
- In line with DHHS guidelines you must wear a fitted face mask that covers the nose and mouth. This means that face shields, bandanas, or scarves or loose snoods, loose Buffs® or loose neck gaiters on their own will no longer be considered a sufficient face covering

*Relevant excerpt from DHHS <https://www.dhhs.vic.gov.au/face-masks-vic-covid-19>*

**WILL FACE MASKS BE MANDATORY FOR TEACHERS/ EARLY LEARNING/ DAY CARE/ KINDER**

*It is not compulsory for teachers, educators and carers to wear face masks while teaching or caring for children as they can interfere with their ability to clearly communicate with students. Teachers, educators and carers can choose to wear face masks if they wish when in the classroom/ facility or when teaching or providing care for children.*

*Teachers, educators and carers should wear face masks in other areas of the school/ facility when not teaching.*

**12 YEARS AND OVER MASK WEARING GUIDELINES**

- Students under 12 are not required to wear a mask
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- Students 12 and over are required to wear a mask, they may take them off during strenuous exercise
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- Students over 12 with a medical exemption are not required to wear masks
- In line with DHHS guidelines you must wear a fitted face mask that covers the nose and mouth. This means that face shields, bandanas, or scarves or loose snoods, loose Buffs® or loose neck gaiters on their own will no longer be considered a sufficient face covering

*Relevant excerpt from DHHS <https://www.dhhs.vic.gov.au/face-masks-vic-covid-19>*

WRITTEN BY N. RYAN NOVEMBER 2020